

BAR DE TAPAS
LA PARADA

BREAKFAST MENU

Pan Breakfast R82

Slow cooked tomato sauce, fried chorizo, blackened corn, eggs, toasted ciabatta.

Vegetarian R65

Fresh avocado on toasted rye bread, oven dried tomatoes, grated parmesan, spicy red pepper pesto

Trout R95

Smoked Franschoek trout, avocado & chive puree, dill labneh, pickled onions, herb vinaigrette.

Granola R65

Homemade granola, sweetened vanilla bean labneh, berry compote, strawberries.

Full Breakfast R85

Eggs, bacon, mushrooms, grilled tomato, pork sausage, toasted bread.

Scrambled Egg Croissant R82

Scrambled eggs, croissant, smoked trout, homemade whipped dill, cream cheese.

Benedict R82

Poached eggs, grilled ciabatta, spinach, gammon, hollandaise sauce.

PASTRIES

Plain Croissant R22

Jam and Cheese Croissant R45

Pain au Chocolate R28

Mini Doughnuts R18

EXTRAS

Eggs (Fried, Poached, Scrambled) R18

Bacon R28

Mushrooms R18

Smoked Trout R45

Avocado R25

Rye Bread R12

Grilled Tomato R12

Gammon R22

Pork Sausage R25

La Parada Bree

*107 Bree Str,
Cape Town
021 426 0330
breestreet@laparada.co.za*

La Parada Constantia

*1 Hout Rd,
Constantia Nek
021 795 0620
constantianek@laparada.co.za*

La Parada Camps Bay

*35 Victoria Rd,
Camps Bay
021 286 2106
campsbay@laparada.co.za*