



TAPAS

Burrata (v) R195
*Marinated heirloom tomatoes, basil oil
lemon verbena & strawberry curd*

🐮 Miso Aubergine (v) R65
*Deep fried misoyaki aubergine, miso corn
emulsion, tomato, onion & honey cream
cheese*

Poppers (v) R69
*Whole PEPPADEW® Piquanté Peppers
filled with cream cheese & basil aioli*

Prawn Croquetas R72
Spicy tomato aioli

Grilled Calamari R88
*Chimichurri, tomato & cucumber
with roasted garlic aioli*

Fried Calamari R78
With aioli & lemon

Prawns R109
*Flash fried in chilli, garlic, butter,
lemon & parsley*

Tuna Tacos R105
*Tuna, pineapple rainbow salsa, guacamole,
miso emulsion & jalapeños*

Tuna Tataki R109
*Seared tuna, sesame seeds, avo mousse,
angel hair chilli, soy & lemongrass dressing,
shaved baby carrots & coriander*

🐮 Ham Croquetas R89
*Smoked ham, sweet mustard aioli &
Huguenot cheese*

Pork Rilette R72
*Pulled pork, toasted ciabatta,
sweet mustard aioli & pickles*

BAR SNACKS (v)

🐮 Truffle Potato Skins R30
Seasoned with truffle zest

Toasted Ciabatta R30
Roasted garlic aioli

Marinated Olives R32
Paprika, garlic & parsley

🐮 Beef Short Ribs R135
*Sticky paprika & orange glazed ribs
with orange segments*

Duck Croquetas R98
Cranberry sauce & orange segments

🐮 Pork Belly R95
*Palm sugar caramel, pineapple rainbow
slaw & toasted sesame seeds*

🐮 Bikini Toastie R72
*La Parada grilled cheese, gypsy ham
& truffle aioli*

Rib Eye R95
*120g beef rib eye, chilli pea purée &
truffle potato crisps*

MAIN COURSES

Mushroom Pappardelle (v) R125
*Flat, thick ribbons of fresh pasta, mixed
mushroom & sage ragout, truffle zest &
Parmesan*

*Add grilled chicken (+R23)
Add bacon (+R28)*

Crispy Chicken Burger R119
*Toasted artisan brioche bun, crunchy
chicken breast, butter lettuce, avo, tomato,
La Parada burger sauce & patatas bravas*

🐮 Wagyu Beef Burger R165
*Toasted artisan brioche bun, 180g
wagyu patty, mature cheddar, butter
lettuce, La Parada burger sauce, roasted
red pepper chutney & patatas bravas*

Chicken Espetada R189
*Chermoula rubbed chicken thighs, sautéed
red peppers, baby spinach & butter potatoes*

Picanha R245
450g picanha, garlic & tomato confit

Lamb Rump R210
Citrus velouté & orange braised fennel

🐮 Fillet R229
*300g beef fillet, spiced beetroot puree,
jus & white pepper kataifi*

🐮 Porterhouse Steak (2 people) R395
*1kg T-bone, basted in butter, garlic
& thyme. Flambéed at the table*

Seared Tuna R188
*Sweet soy glazed & sesame crusted, miso grilled
corn, Caesar mayo & salsa tumaca*

SHARING (3 people)

Del Mar R899
*Whole baby kingklip, fried prawns, fried
& grilled calamari, tiger prawns &
charred baby marrow*

🐮 De La Tierra R569
*Beef short ribs, whole sliced picanha, duck
croquetas, rib eye & toasted ciabatta*

De Todo R355
*Patatas bravas, fried calamari, ham croquetas,
bikini toastie & poppers*

SIGNATURE SALADS

Mediterranean (v) R115
*Marinated zucchini noodles, sundried tomato
pesto, candied red peppers, roasted aubergine,
feta, toasted chickpeas & baby spinach*

Chicken Caesar R115
*Baby cos lettuce, Parmesan, Caesar dressing,
garlic ciabatta croutons, crispy chicken skin
& a deep fried egg*

Fillet Tagliata R135
*Sliced medium rare beef fillet served cold, wild
rocket, toasted pine nuts, exotic tomatoes, balsamic
reduction, Parmesan shavings, sundried tomato pesto
& truffle oil*

Tuna Poke Bowl R135
*Raw Yellowfin tuna, black rice, pickled ginger,
carrots, cucumber, avo, nori, sesame seeds, soy &
ginger dressing*

Vegan Poke Bowl (ve) R120
*Miso rubbed deep fried aubergine, black rice,
pickled ginger, carrots, cucumber, avo, nori, sesame
seeds, soy & ginger dressing*

SIDES (v)

🐮 Patatas Bravas R46
Spiced potatoes, aioli & tomato chutney

Sweet Patatas Bravas R49
*Spiced sweet potatoes, aioli & tomato
chutney*

Baby Veg Bowl R59
*Garden peas, baby beets, Dutch carrots,
broccolini, mange tout, baby corn &
dill butter*

Broccolini R54
*Confit garlic and tomato & hazelnut
dressing*

House Side Salad R49
Fresh greens, feta & salsa verde

Butternut R42
Roasted with honey, thyme & feta

DESSERTS (v)

🐮 Churros R62
*Dusted in sugar, cinnamon & a chocolate
ganache dip*

Cheesecake R75
Amarena cherry curd & honeycomb

Death by Chocolate R65
*Dark chocolate brownie, chocolate pearls,
Dutch cocoa powder, salted chocolate
ice cream*